

Job Description & Person Specification



**Heeley
Trust**

Community Worker Social Prescribing Link Worker

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| Locations | Heeley Green Community Centre, Terry Wright Community Hall, Newfield Green Library, Heeley Plus PCN Practices |
| Service/Department | Heeley Trust Community Team, Heeley Plus PCN |
| Reporting to | Community Team Manager |
| Disclosure & Barring Check | This post will be subject to a DBS Enhanced with Adults Barred check |

Purpose of Job:

Social Prescribing Link Workers (SPLWs) provide holistic, person-centred support to individuals by connecting them to community-based services, green and nature-based activities, and other non-clinical interventions.

The role aims to empower individuals to improve their mental health and wellbeing through social prescribing, green initiatives, and integrated care coordination.

Social prescribing empowers people to take control of their health and well-being through referral to non-medical 'link workers' who give time, focus on 'what matters to me' and take a holistic approach, connecting people to community groups and statutory services for practical and emotional support.

Link workers support existing groups to be accessible and sustainable and help people to start new community groups, working collaboratively with all local partners.

Social prescribing can help to strengthen community resilience and personal resilience and reduce health inequalities by addressing the wider determinants of health, such as debt, poor housing and physical inactivity, by increasing people's active involvement with their local communities.

The support particularly works for people with long-term conditions (including low-level for mental health conditions), for people who are lonely or isolated, or have complex social needs which affect their wellbeing.

Main Duties:

- As a Link Worker you will have the rewarding opportunity to provide support and guidance to people so that they can; helping to maintain their independence, improving their sense of well-being, and putting them in more control of their lives.
- Develop a thorough understanding of the nature and needs of our local community.
- Develop a thorough understanding of local activities and the network of organisations delivering activities.
- Ensure this knowledge is shared and understood by Heeley Trust Staff and PKW Partners.
- Help develop other activities and support local initiatives that complement existing networks and activities and fill gaps in provision.
- Help to recruit, support and develop volunteers.
- Continue to build the social prescribing service. Contribute to the education of practice staff of the benefits of social prescribing.
- Work on our systems and data capture, referral pathways and follow ups offered.
- Work within the network and maintain details and grow working knowledge of sources of support in the community.
- Managing a caseload of clients through assessment to onward-referral. They will provide ongoing support for an allocated but short-term timeframe to promote engagement with identified services and achievement of goals.
- You will participate in support, supervision and training as required. The role is a non-clinical role, however the post holder will receive support from both the employing organisation and alongside reflective practice, supervision from General Practice and associated PCN teams.

About you

| | Essential | Desirable |
|---|-----------|-----------|
| Education | | |
| Advice and guidance IAG level 2 or PTTLs | | ✓ |
| Training in motivational coaching and interviewing or equivalent experience | | ✓ |
| Knowledge and Experience | | |
| Knowledge of the social determinants of health | ✓ | |
| Knowledge and experience of working with vulnerable adults, people who may have complex needs, | ✓ | |
| Experience of partnership/collaborative working and of building relationships across a variety of organisations | ✓ | |
| Knowledge of, and ability to carry out asset mapping of Heeley Plus PCN | ✓ | |
| Skills | | |
| IT Literate including Microsoft Word, Excel, online calendars and booking systems | ✓ | |
| Strong organisational and time management skills including working to deadlines | ✓ | |
| Lead "What Matters to me" Conversations | ✓ | |
| Report writing and project monitoring | ✓ | |
| Excellent non-judgmental communication skills | ✓ | |
| Understanding of the need for confidentiality is essential to providing a valuable and worthwhile service. | ✓ | |
| Attitudes / Attributes | | |
| A passion for maintaining and improving our community alongside the people who live and work here | ✓ | |
| Understanding of issues facing voluntary sector | | ✓ |
| Understanding of, and commitment to, equality, diversity and inclusion | ✓ | |
| Confident in meeting new people, leading workshops, cafés, drops in etc | ✓ | |
| Prepared to "muck in" and help colleagues | ✓ | |